



# **BASIC HEALTH AND OCCUPATIONAL SAFETY REGULATIONS**

## **SAFETY IN ELECTRICAL ENGINEERING**

Czech Technical University in Prague  
Faculty of Electrical Engineering



# Recommended literature

This lecture:

[http://bezpecnost.feld.cvut.cz/bezb/prednaska\\_en.pdf](http://bezpecnost.feld.cvut.cz/bezb/prednaska_en.pdf)

Textbook:

Kříž, M., Kůla, V.:

Introduction to Electrical Engineering

[http://bezpecnost.feld.cvut.cz/bezpecnost\\_en.pdf](http://bezpecnost.feld.cvut.cz/bezpecnost_en.pdf)



# System of safety courses during the study

EN 50110-1 Operation of electrical installation

Government Regulation No.194/2022

Directive of the Dean

SAFETY COURSE	Symbol	Date	Program	Study
<b>Basic Health and Occupational Safety regulations</b>	BEEZZ	At the beginning of the 1st semester	All programs	
<b>Safety in Electrical Engineering for a bachelor´s degree</b>	BEEZB	1st semester	EEM, EK, OES, KYR, EEK, EECS	Bachelor
		2nd semester	OI SIT	
<b>Safety in Electrical Engineering for a master´s degree</b> <b>Repeated BEEZZ</b>	BEEZM	1st semester	All programs	Master



# Basic Occupational Safety and Health training record

Training day:

Faculty of Electrical Engineering

Supervisor: Ing. Vladimír Kůla, CSc

Signature: \_\_\_\_\_

## Occupational Safety and Health training curriculum:

1. System of safety courses during the study
2. Legal Basis for Health and Occupational Safety
3. Duties of the Employer
4. Duties of the Employee
5. Decree of the Czech Occupational Safety Office no. 48/82 Law Code
6. Safety of work with electrical equipment.
7. Accident at work, recording and registration
8. Working condition of women and juveniles
9. Security of work with computers
10. First Aid – traumatological plan
11. Laboratory rules, fire prevention
12. Emergency calls

Date of birth

I confirm that I was instructed and that I understand to it.

	Surname and name	Date of birth:	Study group	Signature
1				
2				
3				
4				
5				

signature



## Purpose of this course

To give the basic knowledge of electricity –  
as much as to be able to recognize the danger  
of electricity and to avoid it.



# Basic health and occupational safety regulations

SAFETY COURSE	Symbol	Date	Program	Study
<b>Basic Health and Occupational Safety regulations</b>	<b>BEEZZ</b>	At the beginning of the 1st semester	All programs	Bachelor

Hours of lectures:

1x2 hours in the 1<sup>st</sup> week of semester

Hours of seminars:

1x2 hours in the 2<sup>nd</sup> week or in the 3<sup>rd</sup> week of semester

Record to student's record:

in the 2<sup>nd</sup> or 3<sup>rd</sup> week of semester

Record to KOS:

in the 4<sup>th</sup> week of semester

Check of completion (KOS):

in the 5<sup>th</sup> week of semester

Number of credit units:

0



# Safety declaration

CZECH TECHNICAL UNIVERSITY IN PRAGUE  
FACULTY OF ELECTRICAL ENGINEERING

## Occupational Health and Safety Requirements for ERASMUS Students

The CTU in Prague and the staff and students of the Faculty of Electrical Engineering have a legal requirement to promote safe working conditions for staff and students, and to manage risks where they exist.

- Students must conduct themselves in an appropriate and responsible manner to ensure their own safety and the safety of others.
- Students must comply with instructions of any staff and any safety notices.
- Students must remain within designated areas.
- They must comply with the safe operating procedures for the prescribed work
- Students must not touch any equipment unless instructed to do so by a responsible teacher or tutor.
- It is forbidden to operate any machinery or equipment if it is known to be in an unsafe condition.
- Students immediately report any recognized potentially unsafe condition or act to your supervisor.
- Student immediately report accidents, injuries, and property damage to a supervisor.
- Smoking is not permitted in the buildings.
- Unauthorised consumption of alcohol or taking illegal or excessive legal drugs during work hours, or commencing work under the influence of alcohol or drugs, is not permitted.
- Every student observes the warning and safety signs that are displayed throughout the faculty.

Students may only enter a laboratory, only if they have received special authorization after passing **safety course** from a responsible department.

However, access to the laboratories is restricted for safety reasons, and students may not enter a laboratory unless they are under the direct supervision of a responsible teacher or tutor.

Information about **safety courses** are published on the website:

<http://bezpecnost.feld.cvut.cz/bpzs/>

Any student who disregards the University's safety procedures and endangers either their own safety or the safety of fellow students may be subjected to the University's disciplinary procedure, which could ultimately result in dismissal from the faculty.

### Safety declaration:

I acknowledge that I have read, understood, and will comply with the Occupational Health and Safety requirements during sessions at Faculty of Electrical Engineering.

Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Nationality: \_\_\_\_\_ Passport Number: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Study Office: \_\_\_\_\_



# Electrical qualification of persons

<b>Electrical qualification of persons</b>	
<b>Ordinary person</b>	A person who is neither a skilled person nor an instructed person – <b>person without any qualification</b>
<b>Instructed person</b>	A person <b>adequately advised or supervised</b> by skilled person to enable him or her to avoid dangers which electricity may create
<b>Skilled person</b>	A person <b>with relevant education and experience</b> to enable him or her to avoid dangers which electricity may create

EN 50110-1 Operation of electrical installation



# Safety work on electrical equipment

Threatening danger:

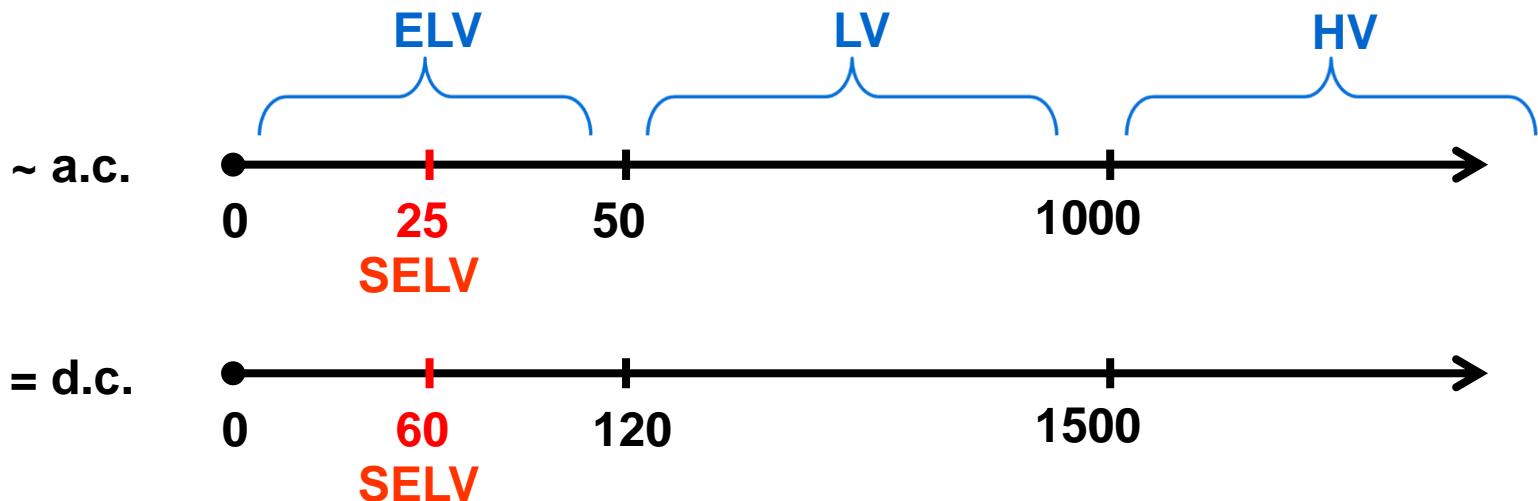
- accident by electric current
- fire
- explosion

Every employee must get at least the lowest qualifications according to Government Regulation No.194/2022

**Acquainted persons** These are the employees (ordinary persons) acquainted with regulations on treatments with electric equipment and aware of the possible danger of electric current.

# Category of voltages

CATEGORY OF VOLTAGE	a.c.	d.c.
Extra low voltage	<b>ELV</b>	<b>&lt; 50 V</b>
Low voltage	<b>LV</b>	<b>50 V to 1000 V</b>
High voltage	<b>HV</b>	<b>&gt;1000 V</b>



(SELV = safety extra low voltage)



# Allowed activities (operation)

1. They can independently manipulate only electrical equipment of a safety extra low voltage SELV; and low voltage but only if they cannot touch the live parts (parts under voltage) during a normal operation.
2. Switching on and off, plugging into the socket, moving connecting cables, exchange of bulbs when switched off and exchange of safety fuses.
3. They can perform maintenance work without the dismantling with instruments (dry cleaning) when the equipment is switched off.
4. There must be a safe distance from unprotected working parts under voltage up to 1 kV at least **1 meter**.



# Forbidden activities

1. To repair electrical appliances and distribution network.
2. To work on parts of electrical equipment under voltage.
3. To use electrical equipment suspected of damage.
4. To move electrical appliances connected to the network (computers, electrical typewriters, calculators etc.) unless they are intended for such usage – (electrical hand tools) – unplugging of the socket.
5. To touch electrical equipment by wet parts of the body.
6. To clean the surface of electrical equipment by wet means.



# Basic terms and definitions for electrical safety

<b>Live part</b>	conducting part which is intended to be energized in normal use, including a neutral conductor
<b>Exposed conductive part</b>	conductive part of electric equipment, which can be touched and which is not normally live but which can become live when basic insulation fails
<b>Basic insulation</b>	insulation of hazardous live parts providing the first protection against electric shock

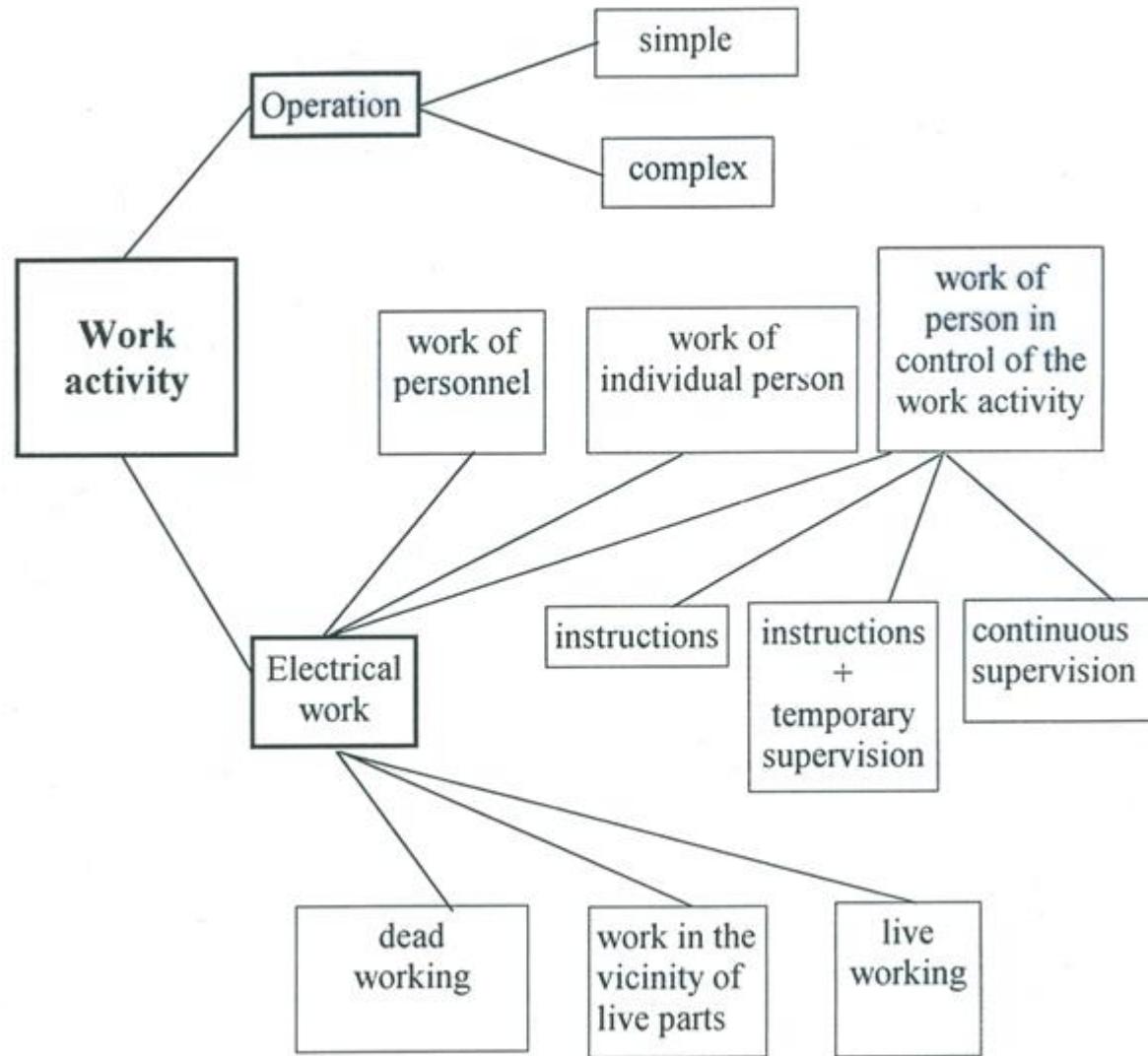
<b>Direct contact</b>	contact with live parts
<b>Indirect contact</b>	contact with exposed conductive parts, which have been become live under fault conditions



# Work and operation

<b>Operation</b>	all activities necessary to permit the electrical installation to function both under normal and abnormal conditions
<b>Work activity</b>	any form of work where there is the possibility of an electrical hazard
<b>Electrical work</b>	work on, with or near electrical installation

# Work activity





# Characteristic features of operation and work

Characteristic features of operation and work			
Manipulation mode		Operation	Work
1	Direct contact	no	yes
2	Application of tools	no	yes
3	Duration of changes	temporary	permanent



# Safety work with computers – 1

Risks of common users regarding Health and Occupational Safety and occupational disease occurrence:

- a) increasing eye-strain (brightness, blinking)
- b) electromagnetic radiation
- c) strain to the neck-spine

ad a)

1. the worker at the screen shall have neither the light source nor its reflection (a window, lamp etc.) in the range of view
2. the brightness of the objects in the neighbourhood of the screen shall be balanced so as not to produce big contrasts
3. the artificial enlightening of the room shall not form dark nooks and overlighted places – the upper margin of the active area of the screen shall be on the eye level at maximum.
4. the distance of the screen shall be at least 40 cm



# Safety work with computers – 2

ad b)

if possible, place a monitor in such a way as to prevent the people from having access from its sides

ad c)

1. the placement of the keyboard: if sitting straight, the arms, placed with their palms on the keyboard, shall be perpendicular at the elbows
2. the height of the seat: if the soles are fully tread-down on the floor, the legs shall be perpendicular at the knees



# Safety signs and safety colours

Sign	Safety colour		Symbol or text
	Background colour	Foreground colour	
Prohibition	white	red circular band and crossbar	black 1)
Mandatory action	blue		white 2)
Warning	yellow	black triangular band	black 2)
Information	green		white



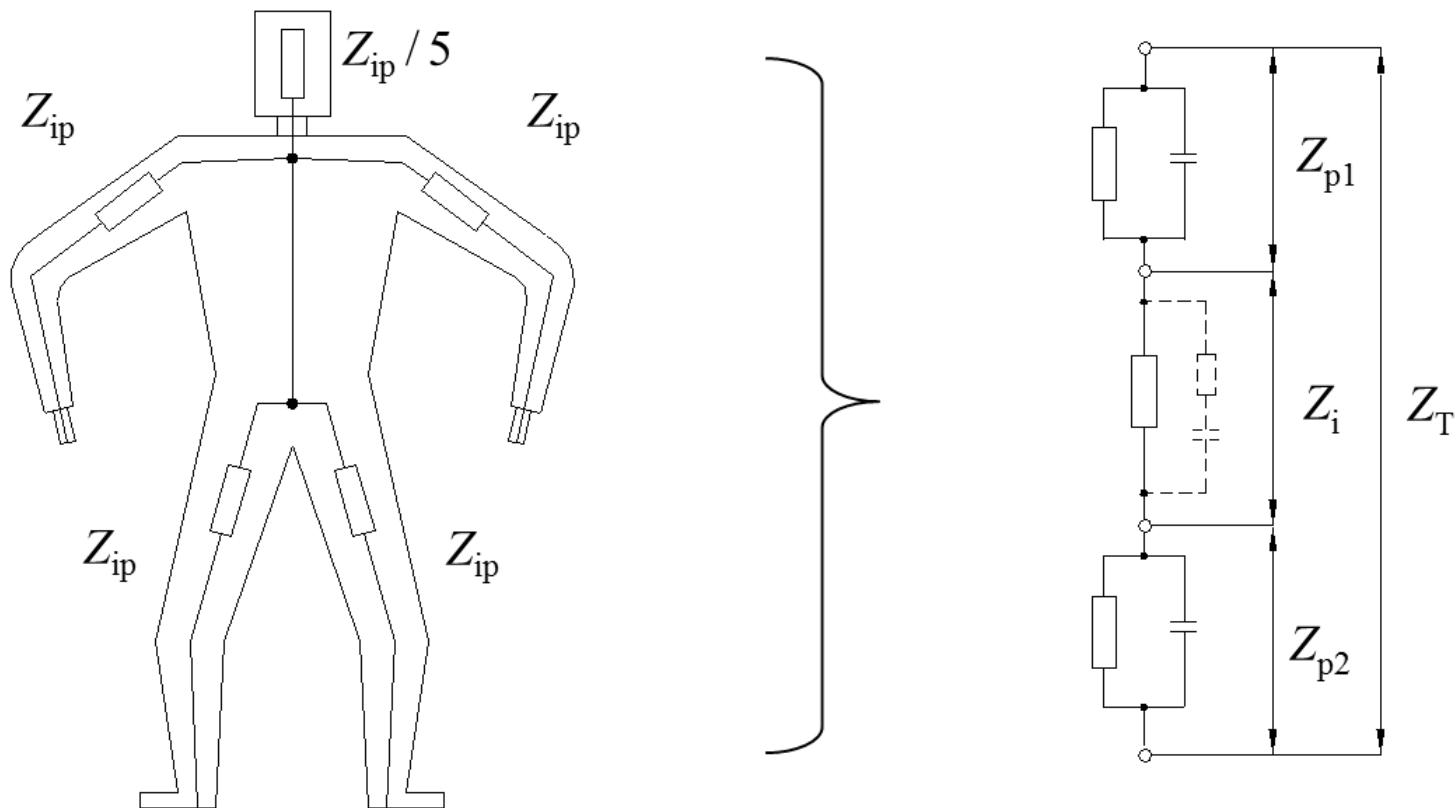
Geometric form	Meaning
Circle	Prohibition or mandatory action
Triangle	Warning
Two rectangles	Information (including instructions)



# General meaning of safety colours

Safety colour	Meaning of objective	Example of use
Red	Stop Prohibition	Stop signs Emergency stop Prohibition signs
	This colour is also used for fire-prevention and fire-fighting equipment and its location	
Blue	Mandatory action	Obligation to wear personal protective equipment
Yellow	Caution, risk of danger	Indications of dangers (fire, explosion, radiation, toxic hazards, etc.) Warning for steps, low passages, obstacles
Green	Safe condition	Escape routes Emergency exits Emergency showers First aid and rescue stations

# Human body impedance – model

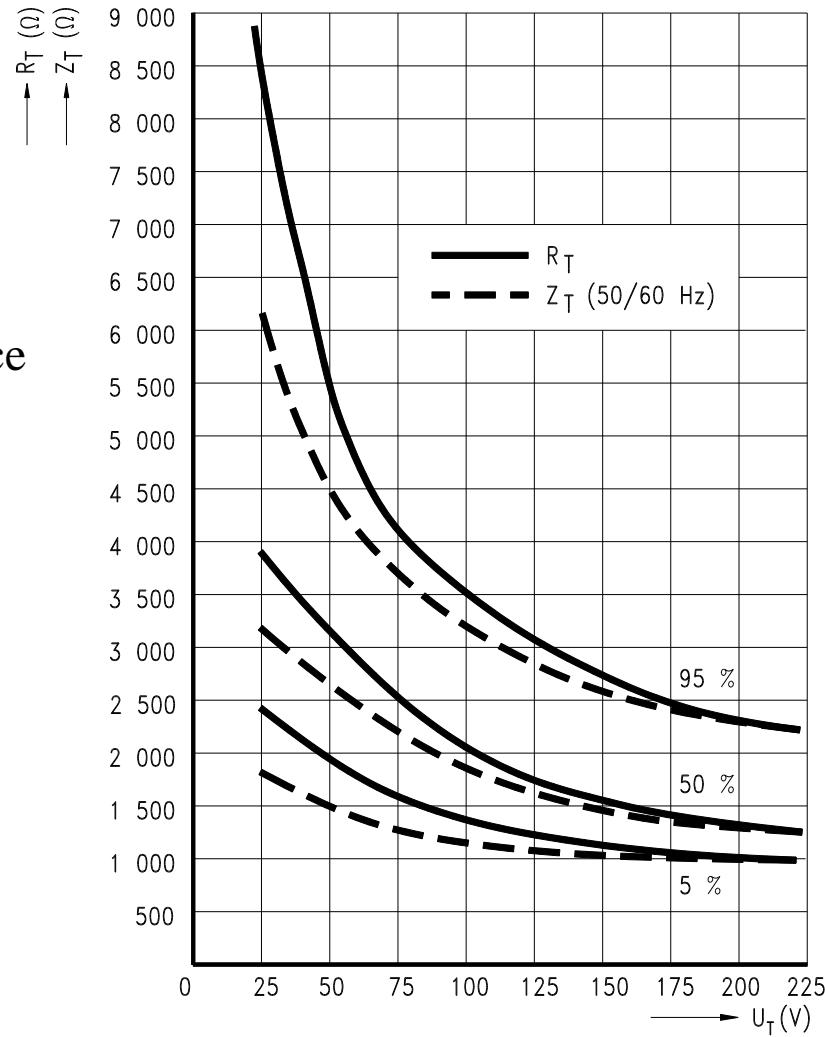


Human body as an electric object –  
simplified model ( $Z_{ip}$  is internal  
impedance of one hand or leg).

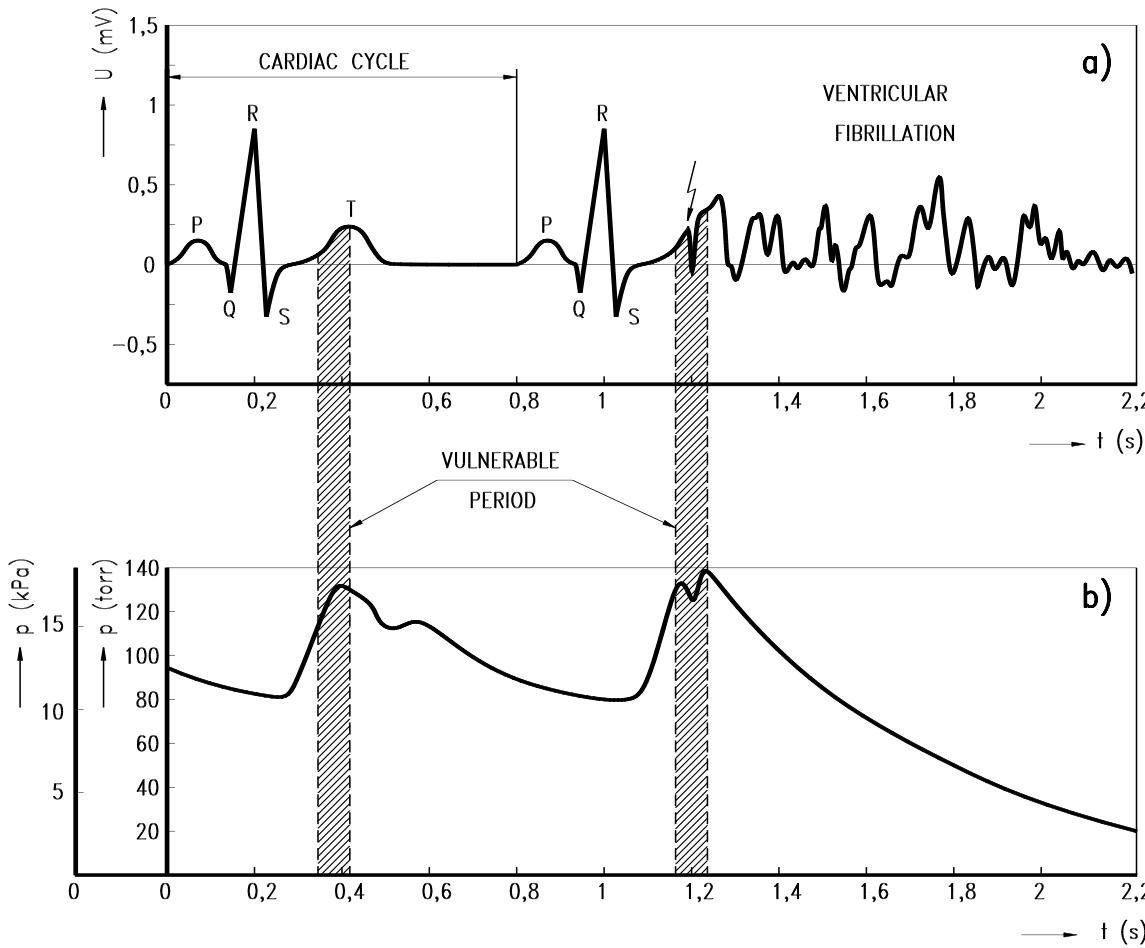
$Z_i$  – internal impedance,  
 $Z_{p1}, Z_{p2}$  – impedance of the skin  
 $Z_T$  – total impedance of human body

# Effects of current passing through the human body – 1

Total body impedance

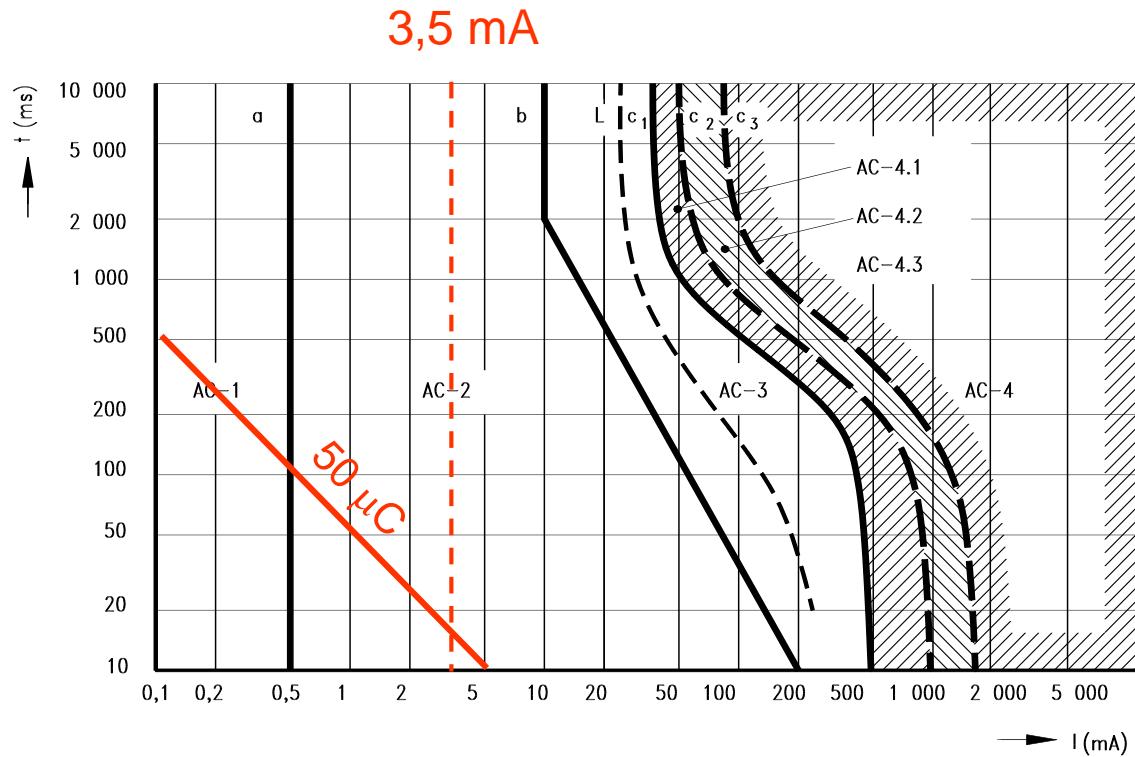


# Effects of current passing through the human body – 2



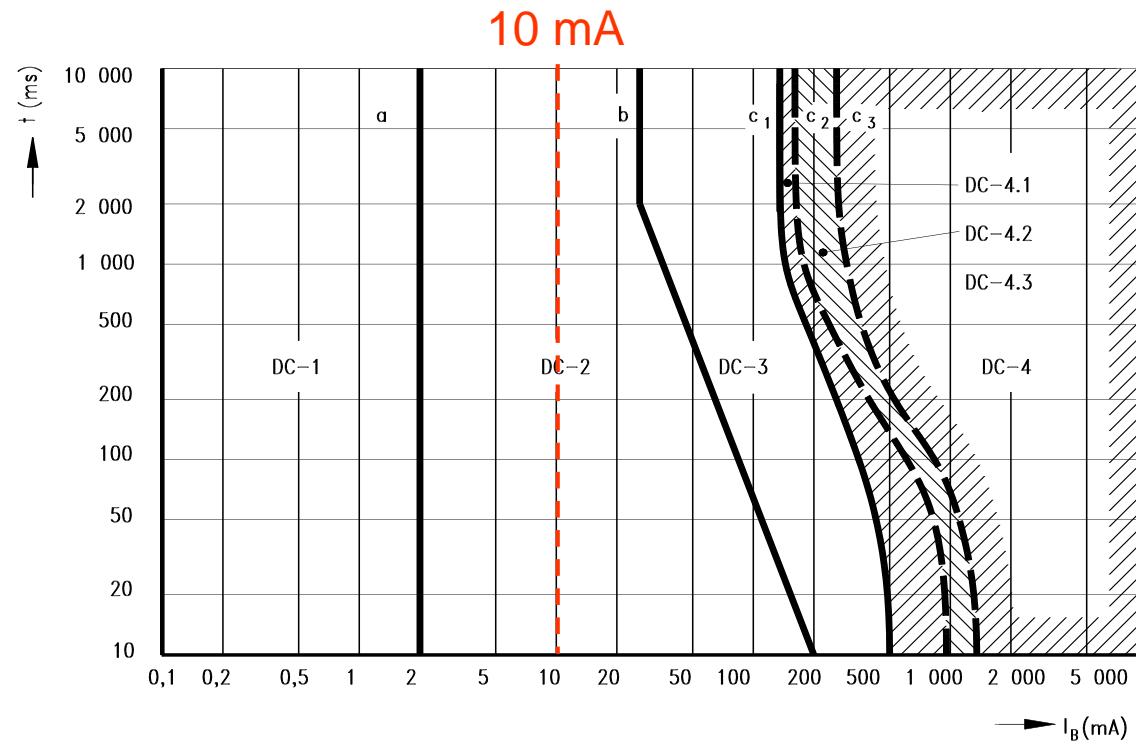
Ventricular fibrillation in the vulnerable period.  
Effects on electrocardiogram and blood pressure.

# Effects of current passing through the human body – 3



Time/current zones of a.c. currents (15 Hz to 100 Hz) on persons.

# Effects of current passing through the human body – 4



Time/current zones of effect of d.c. on persons.



# Safety limits of steady electric current and electric charge

**Safety limits of steady electric current** passing through the human body and accumulated **electric charge**

Steady electric(touch ) current and accumulated electric charge			
Physiological effects of current and charge	Values of safety limits		
	Electric current (mA)		Charge ( $\mu$ C)
	Alternating current	Direct current	
Threshold of perception	0,5	2	0,5
<b>Threshold of pain</b>	<b>3,5</b>	<b>10</b>	<b>50</b>
Let-go- current	5	25	



# Limits of safety extra low voltage at live parts

Direct contact with live part

Conditions	Safety extra low voltage at live parts (V)	
	Alternating current	Direct current
<b>Usual and wet conditions</b> or conditions with corrosion aggressiveness	25	60
<b>Very bad conditions</b> (a man standing in water or in metal barrels etc.)	-	-

Possible only direct contact with protective enclosure

Conditions	Safety extra low voltage at live parts (V)	
	Alternating current	Direct current
<b>Usual and wet conditions</b> or conditions with corrosion aggressiveness	50	120
<b>Very bad conditions</b> (a man standing in water or in metal barrels etc.)	12	25



# The highest permissible touch voltages (conventional touch voltage limits)

## A. Permanently acting touch voltage

Conditions	The highest permissible touch voltages (V)	
	Alternating current	Direct current
<b>Usual and wet conditions</b> or conditions with corrosion aggressiveness	25	60
<b>Very bad conditions</b> (a man standing in water or in metal barrels etc.)	-	-

## B. Short-term acting touch voltage (duration of fault condition)

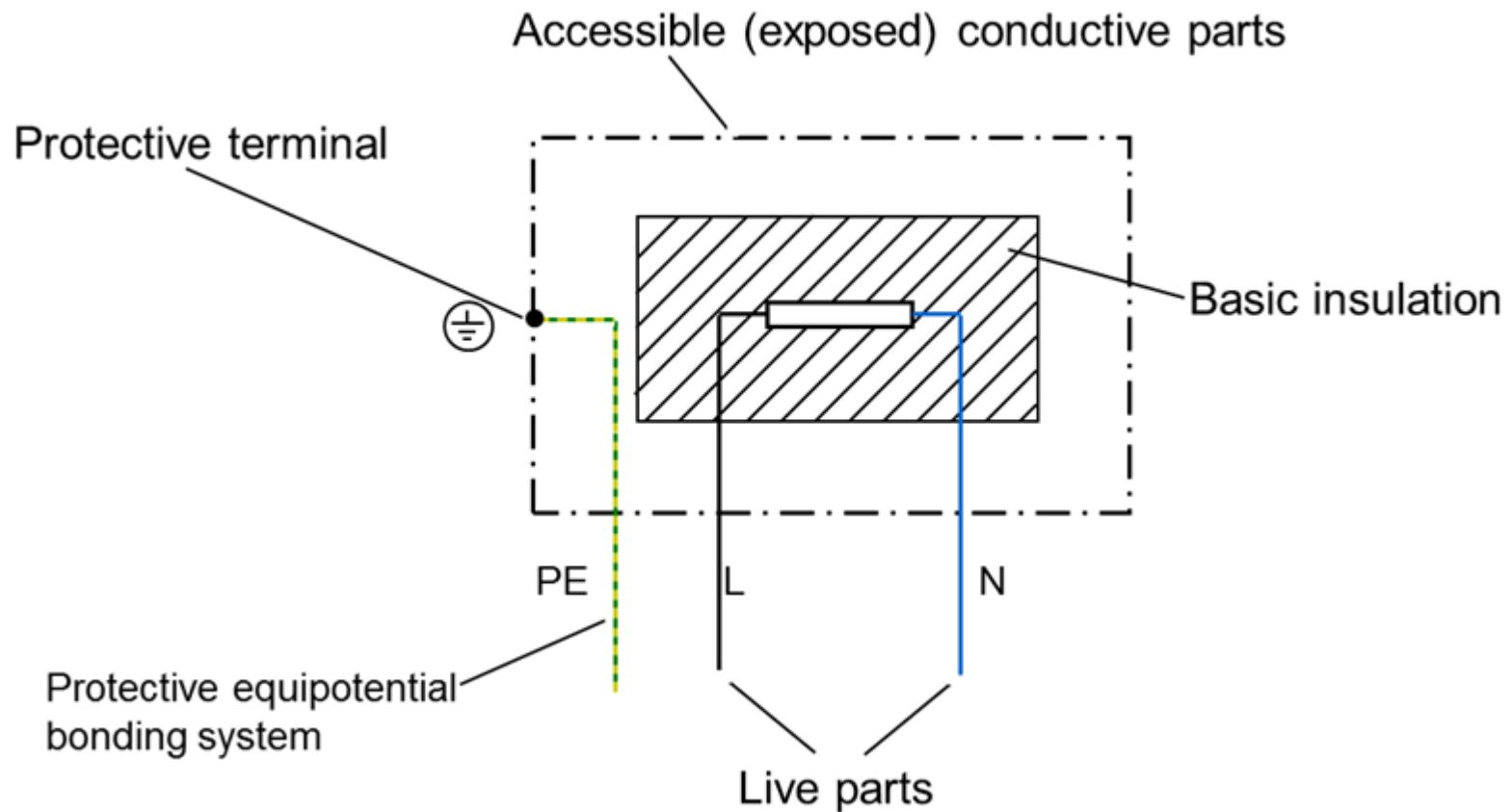
Conditions	The highest permissible touch voltages (V)	
	Alternating current	Direct current
<b>Usual and wet conditions</b> or conditions with corrosion aggressiveness	50	120
<b>Very bad conditions</b> (a man standing in water or in metal barrels etc.)	12	25

# Characteristics of equipment according to the classification

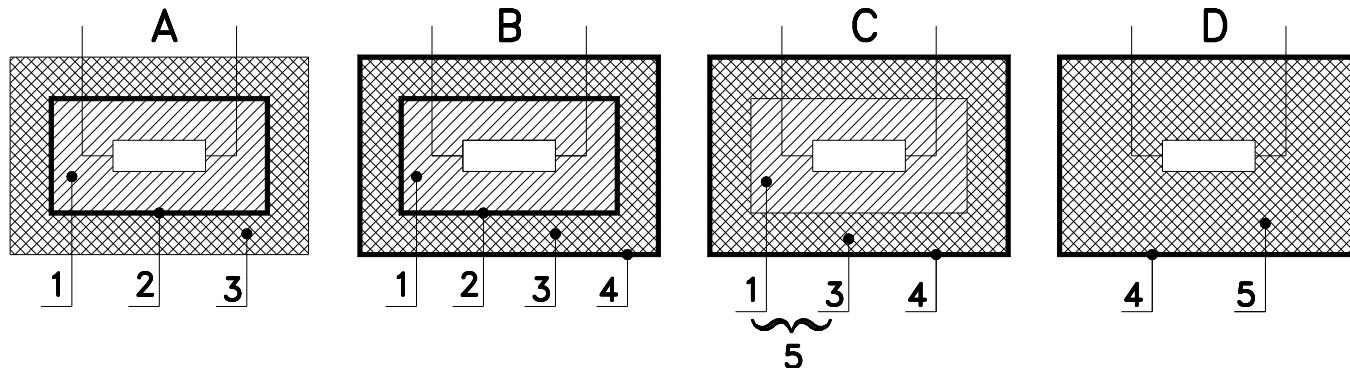
Class of protection	Protective provisions		
	in the equipment		in the installation
	BASIC protection	FAULT protection	
0 <sup>*)</sup>	Basic insulation	–	Non-conducting environment
			Electric separation (with one supplied apparatus )
I	Basic insulation	Protective equipotential bonding	Automatic disconnection of supply
II	Basic insulation	Supplementary insulation	–
	Reinforced insulation		
III	Safety limits of touch voltage	–	SELV circuit

Legend: \*) According to CSN the application of **Class 0 equipment** is in the Czech Republic prohibited.  
The description is made by reason of identification.

# Class I equipment



# Class II equipment



Principle diagrams for Class II equipment

- 1 – basic insulation
- 2 – internal metal part
- 3 – supplementary insulation
- 4 – outside metal part
- 5 – reinforced insulation

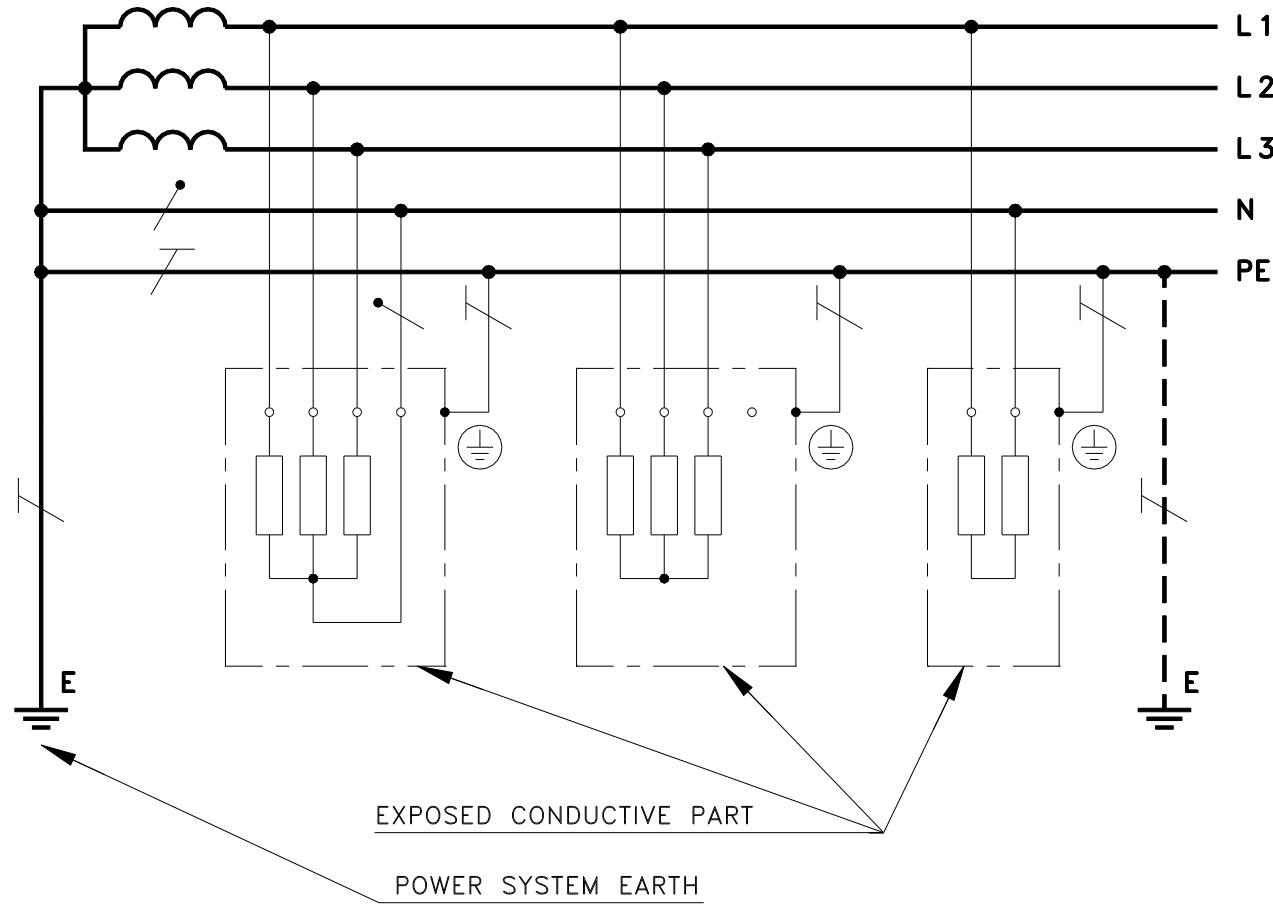
Symbol of Class II equipment:



# Characteristics of equipment according to the classification

	<b>Class 0</b>	<b>Class I</b>	<b>Class II</b>	<b>Class III</b>
Principal characteristic of the equipment	No means for protective conductor	Protective conductor (PE) means are provided	Additional insulation and no means for protective conductor	Designed for supply at safety extra-low voltage (SELV)
Precautions for safety	Earth free environment	Connection to the protective conductor	None necessary	Connection to safety extra-low voltage
Usual symbols (according to IEC 60417)	No symbol			
Application in installations	In non-conducting locations according to IEC 60364-4-41	With protective conductor (PE) or PEN conductor	General application	With SELV circuits

# TN-S system

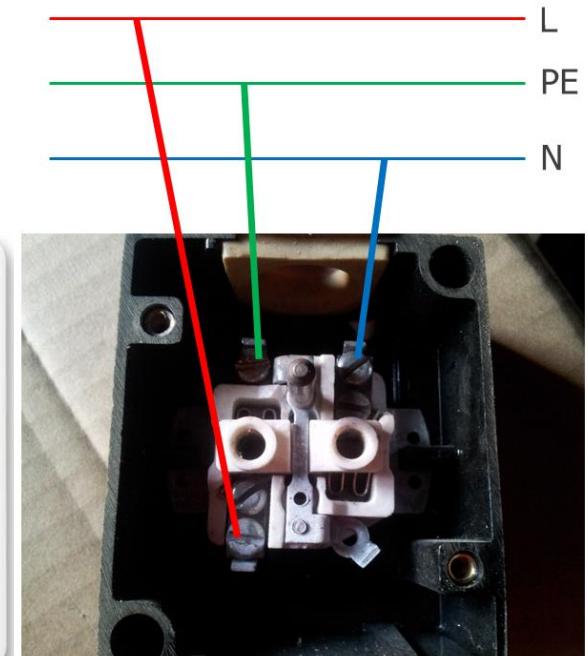
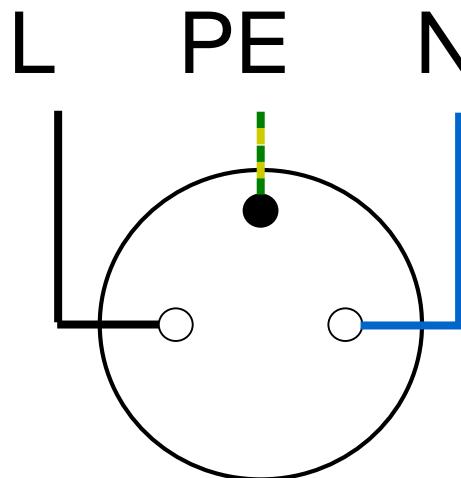


# Designation and identification of conductors

Designation of conductors	Identification		
	Alphanumeric notation	Colour	Colour in Czech Republic
Supply a.c. system	Phase 1	L1	Not specified
	Phase 2	L2	Not specified
	Phase 3	L3	Not specified
	Neutral	N	LIGHT BLUE
Equipment terminal a.c. system	Phase 1	U	Not specified
	Phase 2	V	Not specified
	Phase 3	W	Not specified
Supply d.c. system	Positive	L+	Not specified
	Negative	L-	Not specified
	Mid-wire	M	LIGHT BLUE
Protective conductor	PE	GREEN-AND-YELLOW	
Earthing conductor	E	Not specified	
Noiseless (clean) earth	TE	Not specified	
PEN conductor	PEN	GREEN-AND-YELLOW with LIGHT BLUE markings or LIGHT BLUE with GREEN AND YELLOW markings	 



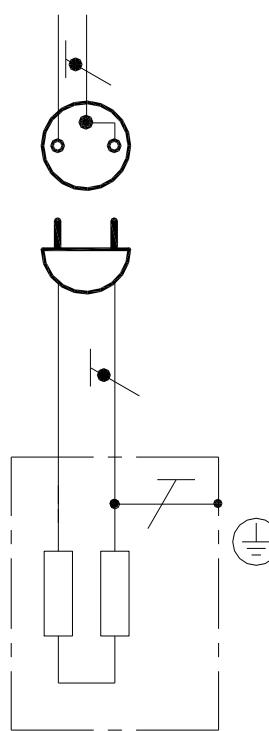
# Socket outlet 230 V, 50 Hz, TN-S (Czech Republic)





# Single phase devices

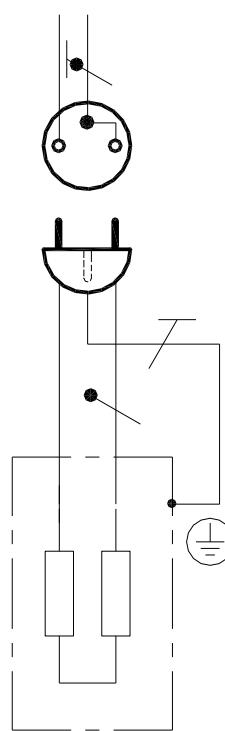
L1 PEN



a)

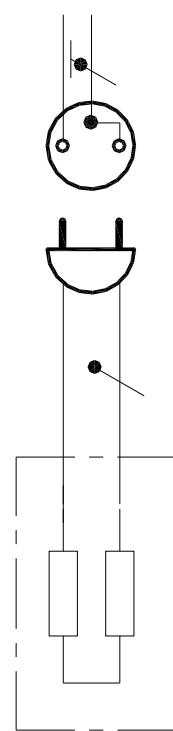
**FORBIDDEN**

L1 PEN



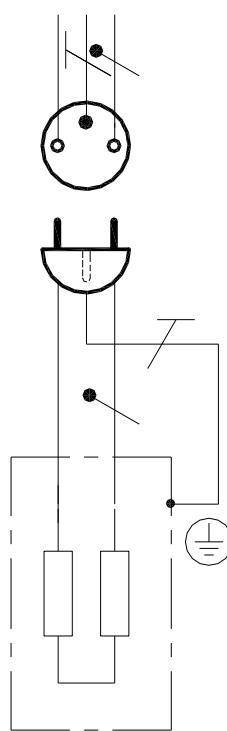
b)

L1 PEN



c)

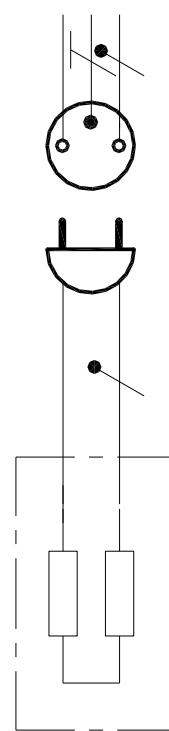
L1 PE N



d)

**Class I**

L1 PE N



e)

**Class II**

**TN-C**

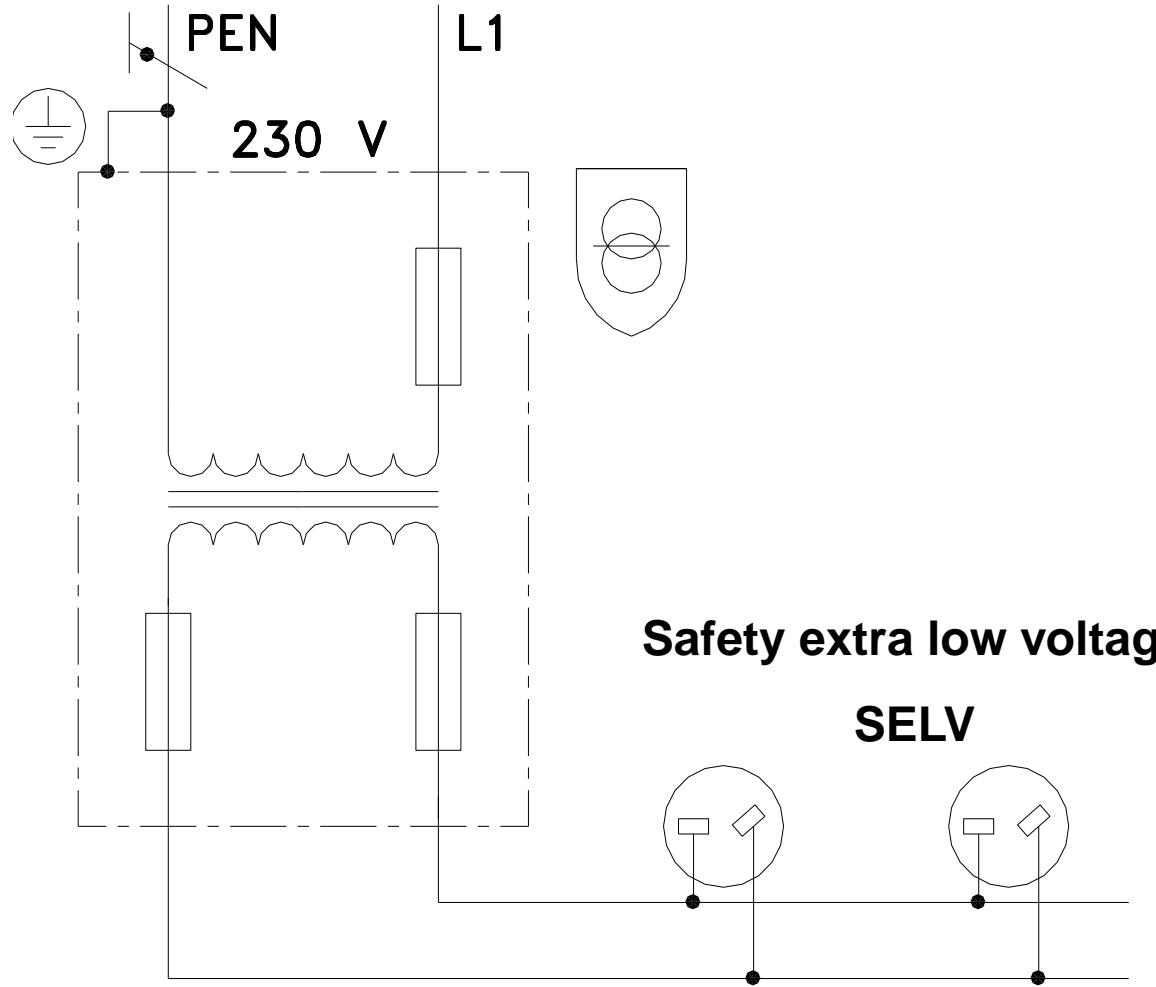
**TN-S**



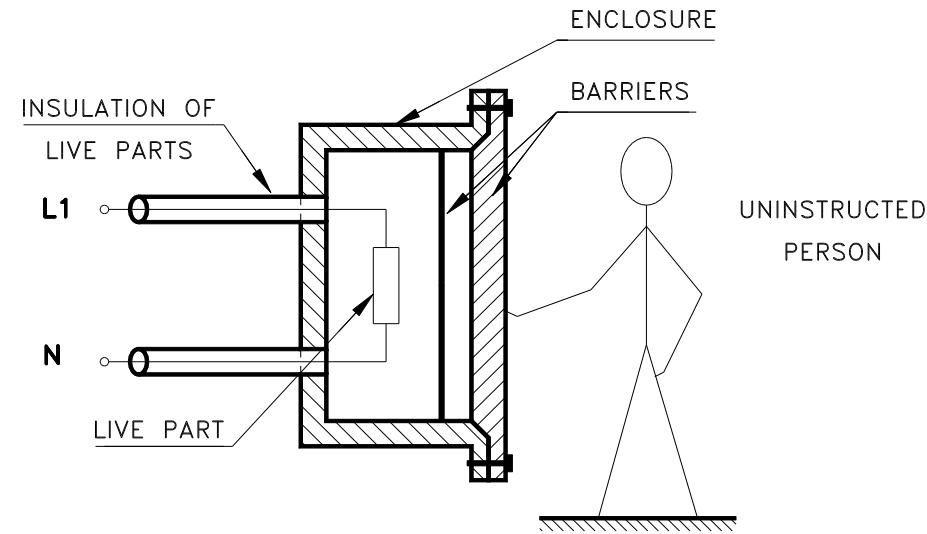
# Survey of the measures for protection against electric shock

Group	PROTECTION against	Principle
1	<b>both DIRECT and INDIRECT CONTACT</b>	Safety Extra Low Voltage at live parts does not cause hazardous touch current – <b>Class III equipment</b>
2	<b>DIRECT CONTACT (BASIC PROTECTION)</b>	To limit (disconnect) the touch current in the case of contact with live parts
3	<b>INDIRECT CONTACT (FAULT PROTECTION)</b>	To limit the touch current in the case of contact with accessible conductive parts – <b>Class II equipment</b> To limit duration of touch voltage at exposed conductive parts by automatic disconnection – <b>Class I equipment</b>

# Protection by safety voltage



# Basic protection



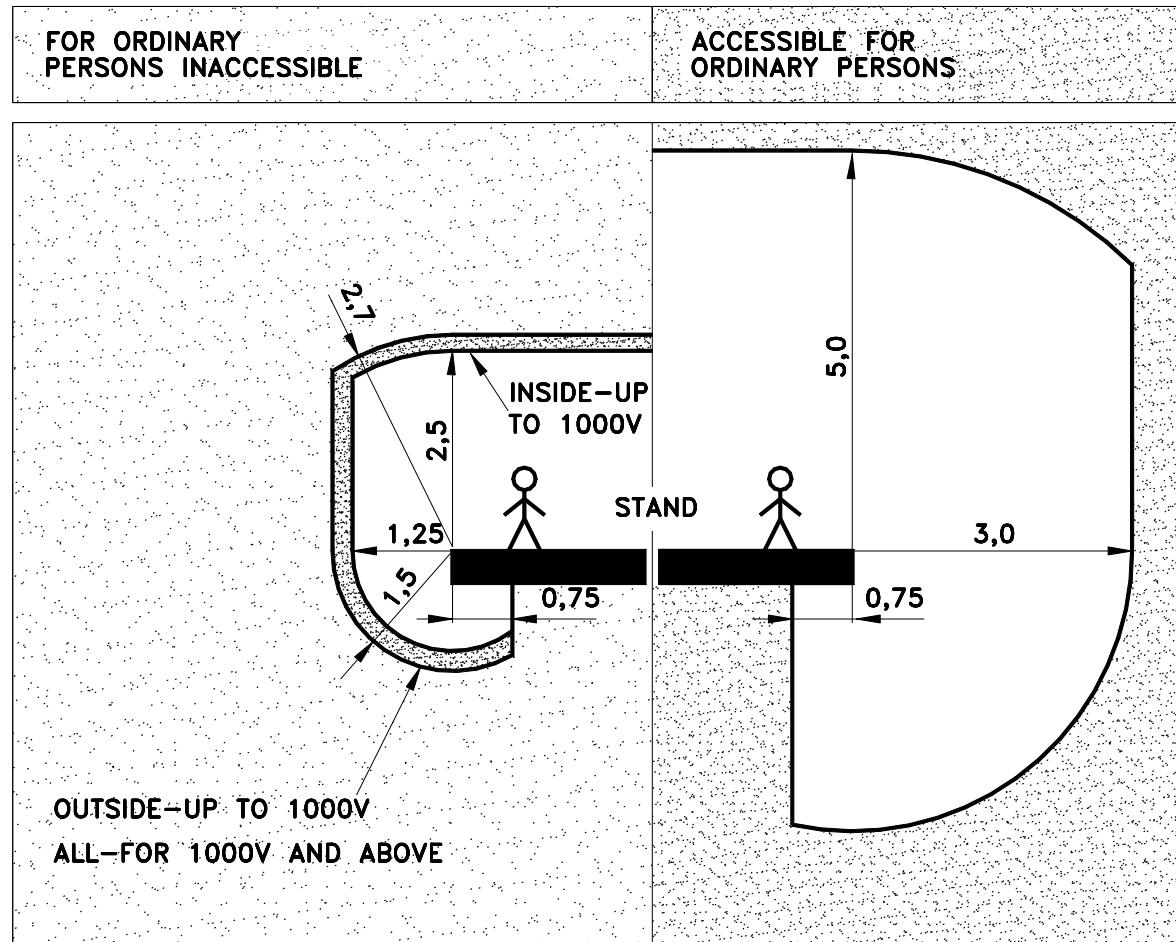
Protection against direct contact.

Protection in normal service.

Basic protection.

Protection by insulation of live parts, protection by barriers and enclosure,  
- to prevent any contact with live parts.

# Protection by placing out of reach

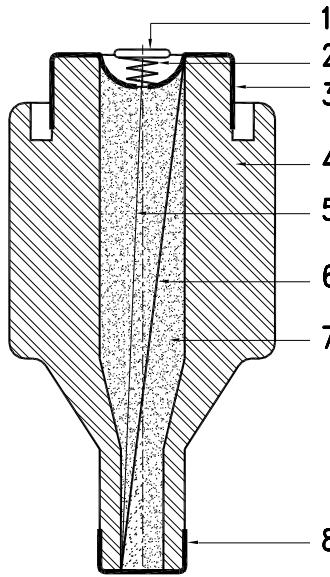


Protection by placing live parts out of reach - zones of arm's reach under different conditions

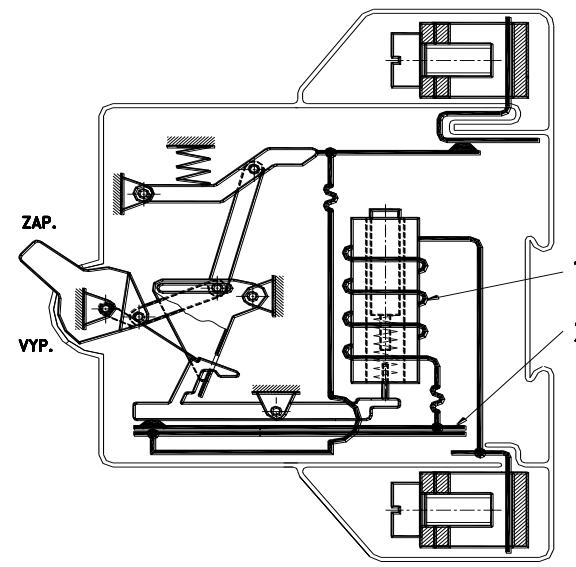
# Protection by automatic disconnection

Over-current protection:

- a) Fuse
- b) Circuit breaker



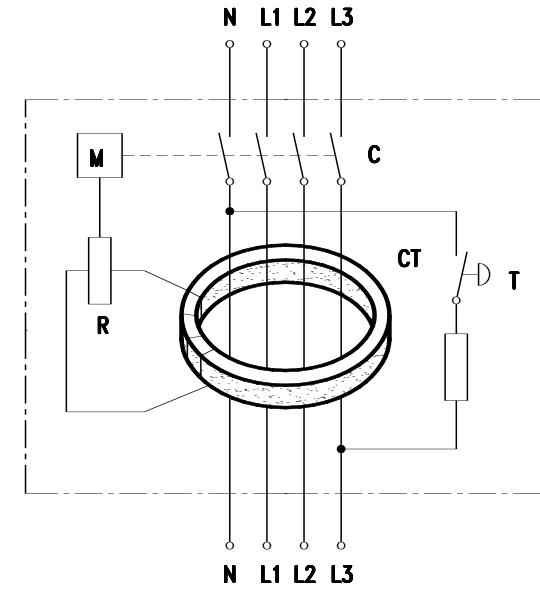
a)



b)

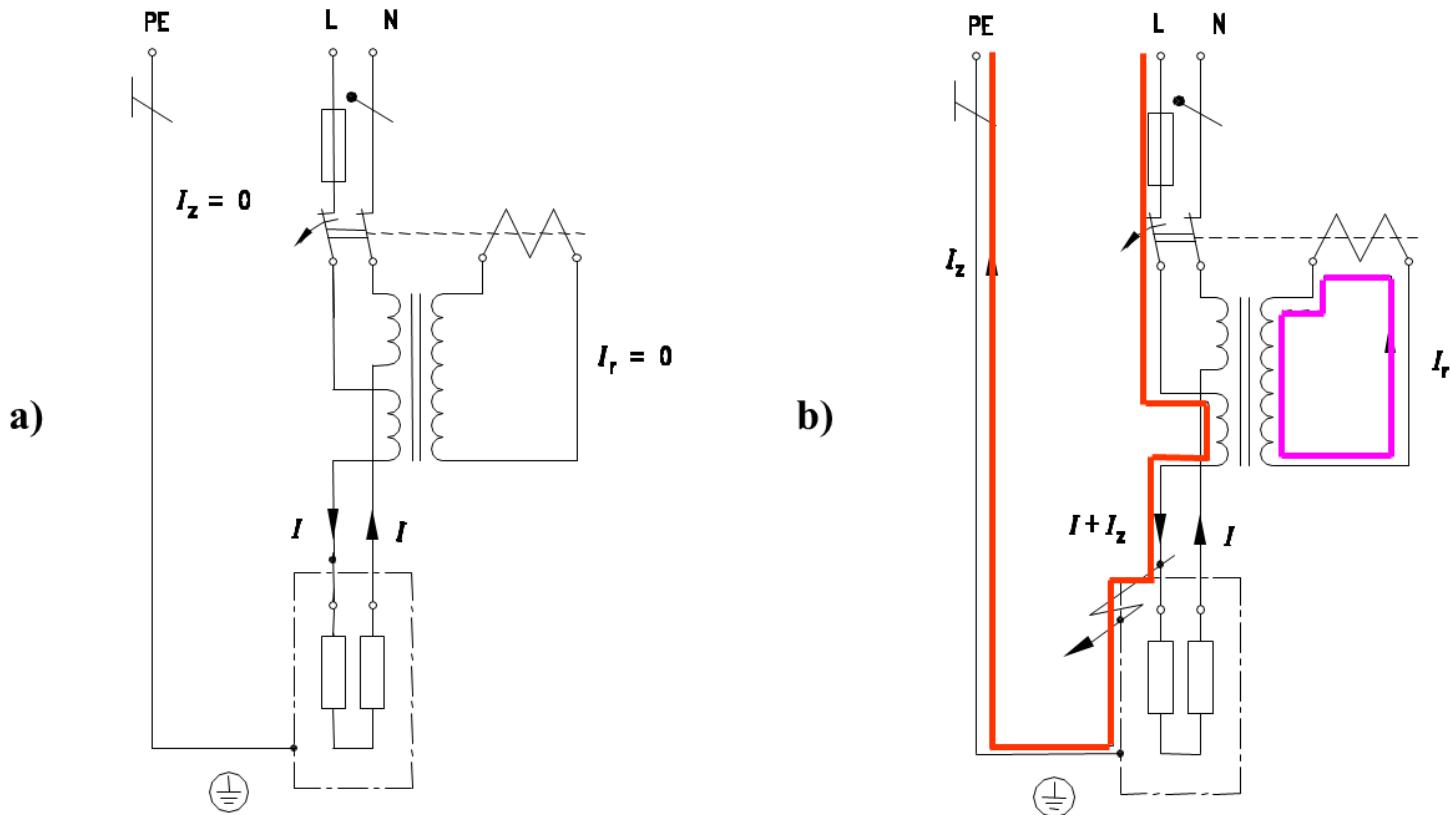
Residual current protection:

- c) Residual current protective device



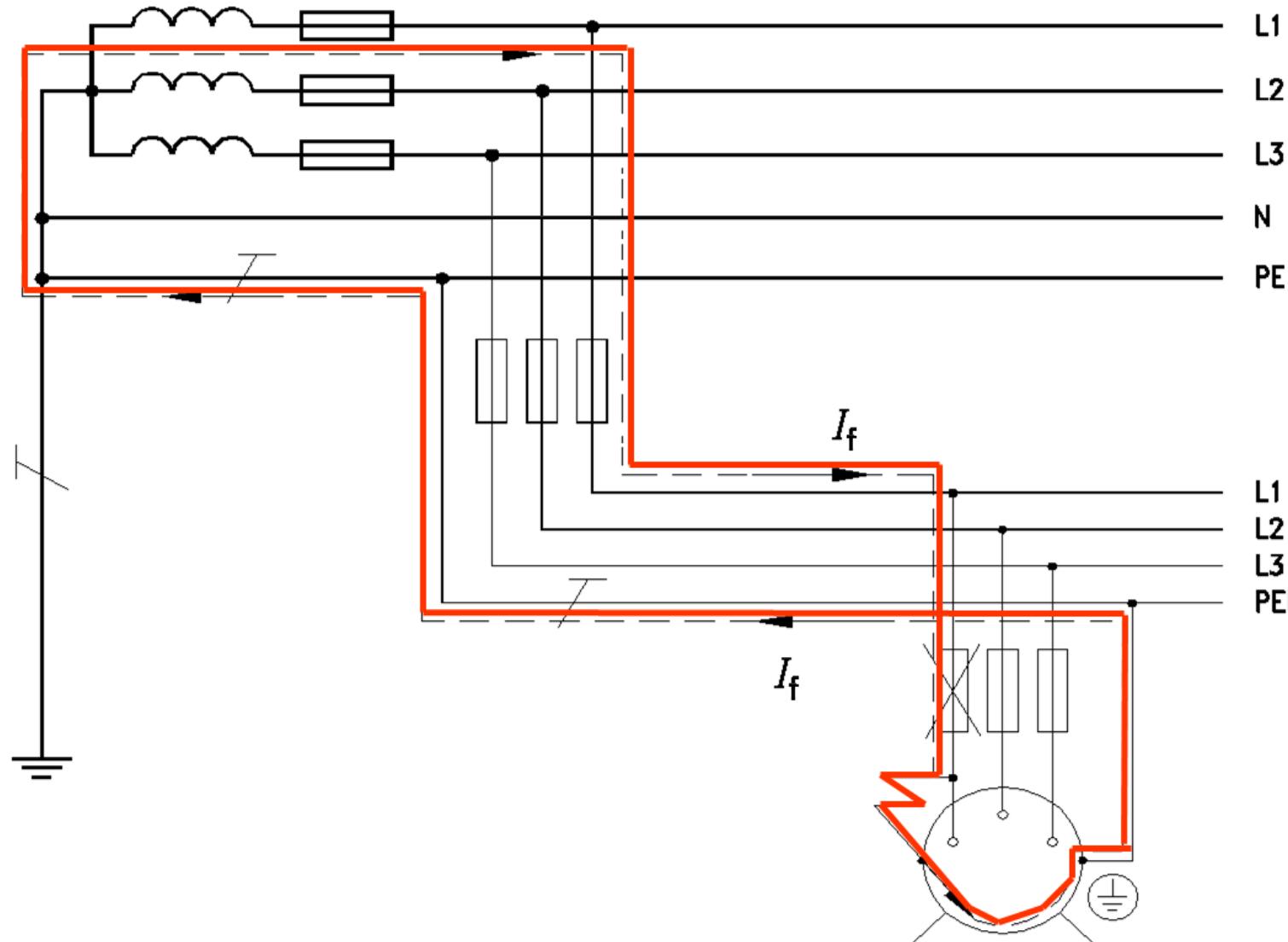
c)

# Residual-current protective device

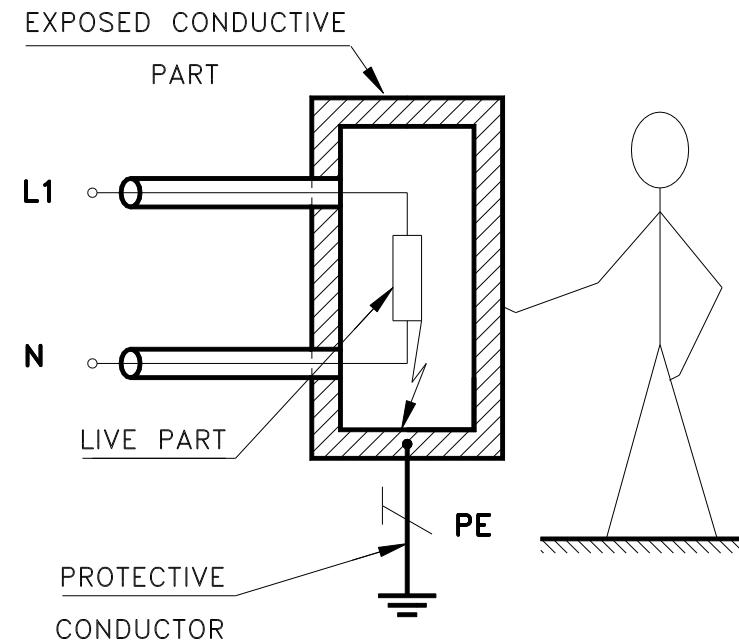


- a) Normal conditions
- b) Fault conditions ( $I_z$  ... residual leakage current,  $I_r$  ... current in the sense coil; the sense circuitry causes disconnection of the protected device)

# Fault loop in TN-S system



# Fault protection



Indirect contact and protection in case of fault



# First aid treatment of the electric shock

There are two steps of the first aid treatment in case of injury caused by electric current:

- Technical assistance
- Medical part

**Technical assistance** – disengagement of the afflicted person from the electric circuit is following:

- a) by switching off the electric current
- b) by replacing conductor with an appropriate non-conductive object
- c) by pulling the afflicted person away
- d) by breaking off the conductor

**Medical part** – first aid treatment

- a) state of health examination
- b) first aid treatment- cardiopulmonary resuscitation
- c) to call for a health service
- d) to inform the person responsible for the workplace

**Cardiopulmonary resuscitation** contains:

Artificial respiration (by mouth – to - mouth method, by T-tube)  
Indirect heart massage

# Automated external defibrillator (AED)

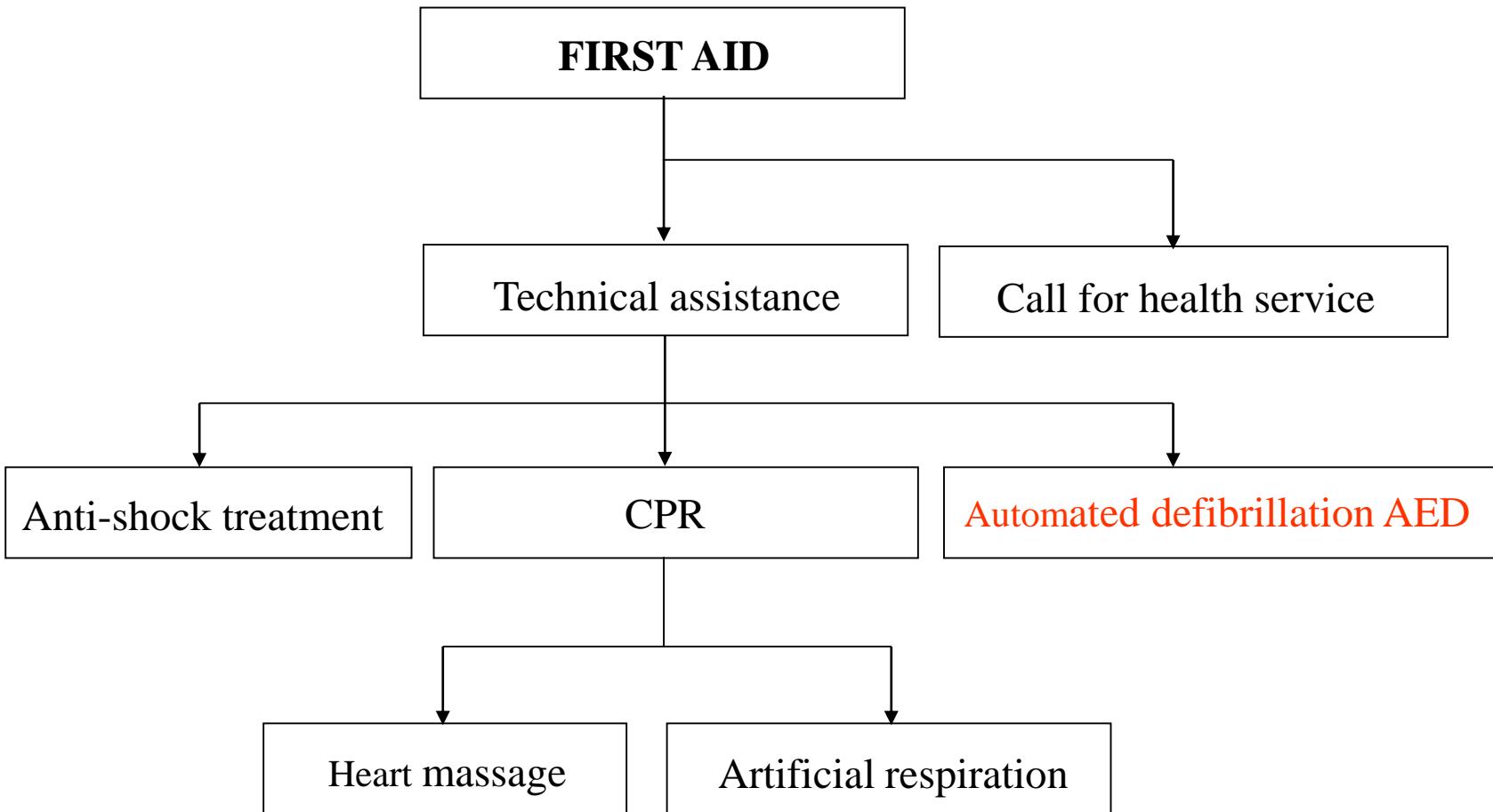


electrodes



AED is a portable electronic device that diagnoses and treats **cardiac arrest** by re-establishing an effective heart rhythm. This treatment is called **defibrillation**, which applies an **electric shock** to the entire **heart muscle**, uniformly clearing the electrical activity of the heart, hopefully allowing it to resynchronize.

# First aid classification





# Emergency calls

Ambulance	155
Fire Brigade	150
Police – emergency	158
Municipal Police	156



# Instructions to the test

The filled form of the test is **fully official document** and it is archived.

The test has a format which is a modification of multiple-choice test.

The correct comprehensive answer on given question is represented by selection from the **list of partial answers**.

**Two types of errors** are:

when incorrect partial answer is marked

or

when marking of correct partial answer is missing.

At least one incorrect answer and at least one correct answer exist for every item of the test.

The task is: identify **all correct (best) partial answers** from the list of partial answers given.

Maximum of **5 errors** is allowed.



## CTU – FACULTY OF ELECTRICAL ENGINEERING

### SAFETY IN ELECTRICAL ENGINEERING FOR A BACHELOR'S DEGREE

Written examination: **Safety rules for operation of and for work on electrical equipment and installations (Decree No. 50/78)**

School year: 2018/2019

Study program: \_\_\_\_\_

Semester: \_\_\_\_\_

Study group: \_\_\_\_\_

**First name and SURNAME:** \_\_\_\_\_  
(block letters)

I declare that I was informed about and became acquainted with safety rules for the operation of and work on electrical equipment and installations, according to the requirements of Czech standards ČSN EN 50191, ČSN 33 2000, ČSN EN 50110-1 ed.2 mentioned in the lecture notes of

**Introduction to Electrical Engineering (2011).**

I confirm that I was instructed and that I understood to it.  
In proof of it I answer the following (check) questions on my own.

**Date:** \_\_\_\_\_

---

Examiner

---

Signature of examined person

---

Date of birth

Note:

1. Carefully fill in the above-mentioned data.
2. Mark the answer you consider to be right with:



(filled square)      correct answer



(empty square)      wrong answer



A3) The highest safety limit of durable electric current passing through the human body is:

- |   |  |
|---|--|
| <input type="checkbox"/> direct current 10 mA       | <input type="checkbox"/> direct current 30 mA      |
| <input type="checkbox"/> alternating current 3,5 mA | <input type="checkbox"/> alternating current 10 mA |

B3) For designation of the insulation of protective conductor is used colour:

- light blue     red     the combination green and yellow

and for identification of protective conductor is used letter:

- PEN     N     PE

C3) The highest permissible touch voltage in usual conditions (dry) is:

- |   |   |
|---|---|
| <input type="checkbox"/> 12 V for d.c. current  | <input type="checkbox"/> 12 V for a.c. current  |
| <input type="checkbox"/> 50 V for d.c. current  | <input type="checkbox"/> 50 V for a.c. current  |
| <input type="checkbox"/> 120 V for d.c. current | <input type="checkbox"/> 120 V for a.c. current |

D3) Protection against indirect contact may be achieved by:

- |  |  |
|--|--|
| <input type="checkbox"/> electric separation               | <input type="checkbox"/> barriers and enclosures |
| <input type="checkbox"/> automatic disconnection of supply | <input type="checkbox"/> double insulation       |

E3) Instructed person is:

- a person with relevant education and experience to enable him or her to avoid dangers which electricity may create
- a person without any electrical qualification
- a person adequately advised or supervised by skilled persons to enable him or her to avoid dangers which electricity may create

F3) Socket outlet (receptacle) 230 V, 50 Hz in TN-S network system. Neutral conductor (view from the front) is connected to:

- the terminal of left socket contact
- the terminal of the protective pin
- the terminal of the right socket contact

Protective pin is positioned:

- down     on the top

Phase conductor is connected to:

- the left terminal     the right terminal

G3) In the case of electric shock it is first of all necessary:

- to start artificial respiration
- to call for doctor
- to remove the afflicted person from the range of the current



# Safety rules – 1

## SAFETY RULES

### (laboratory K13114)

Entry into the laboratory is permitted only under the supervision of the teacher.

- a) Professional level of students in 1<sup>st</sup> and 2<sup>nd</sup> year of study is "instructed person".
- b) The teacher appoints, for every exercise, one temporary leader for each working group. This leader is responsible for giving instructions. Students must conduct themselves in the laboratory according to the instruction given to them by the teacher and their temporary group leader.
- c) Students are obliged to acquaint themselves in the use of all laboratory equipment and measuring instruments before they enter the laboratory.
- d) Students must have the permission of the teacher before carrying out any electrical operation. Only the teacher is allowed to switch the control panel ON.
- e) Moving, connecting or disconnecting the equipment and instruments is permitted **only when no voltage is connected**.
- f) It is strictly forbidden to wear metal chains and rings as well as to wear shorts and shirts with short sleeves.



# Safety rules – 2

- h) It is necessary to maintain a safe distance from elements with voltage applied to them, and it is forbidden to touch non-insulated parts which have a voltage applied.
- i) All work in the laboratory can be undertaken only under supervision.
- j) Students are obliged to watch equipment and instruments, and in case of danger they must switch the control panel OFF by means of the BIG RED BUTTON.
- k) Students of one working group must remain at their designated work-station; they are not allowed to go throughout the laboratory. Students must have the permission of the teacher to approach rotating parts of machines.
- l) If the student feels tired or ill or has some other handicap, he must inform his teacher in good time, and he **must not work** on the electric equipment.
- m) To leave the laboratory is possible only after fulfilling the given task, bringing the work-station into its initial starting state, and with the permission of the teacher.